Serving New Jersey and Nursing since 1915



an affiliate of the National League for Nursing

Happy Nurses Month! During this time of uncertainty, your calming voice, compassion, knowledge and skill as a nurse—whether it be on the frontline, as an educator, or in one of many roles nurses play—we would like to take a moment to recognize and most of all THANK YOU! We also would like to recognize the incredible nursing students who have chosen this profession and for your resiliency during these unprecedented times as you navigate your education. And to all of the retired nurses who led the way, we salute you!

As nurses, you are the guardian angels to so many, superheroes in scrubs and #healthcareheroes. During a time when many people are sheltering in place, you remain on the frontline in order to address the needs of patients, their families and our community. For this, we celebrate YOU for making the world a healthier place.

Since one week is just not enough to celebrate your accomplishments, May is Nurses Month, and 2020 has been deemed the year of the nurse by the World Health Organization (WHO). When that proclamation was made, no one could predict that a pandemic would highlight to the world the impact that nurses' have on the health of our society.



As we enter the month of May, and specifically May 6 - 12, which is the official annual nurses week, we take a moment to reflect on each of you who are all Rock Stars in your own right! We know many of you are making sacrifices and it may not feel as though there is relief in sight, but we remind you that we are here for you, a community of nurses who are in it together. The NJLN organization has proudly been a constant presence in New Jersey for the past 105 years and we could not do it without you!

This year is also the 200th anniversary of the birth of Florence Nightingale, whose birthday we honor on May 12, her iconic status and legacy is a continual reminder of why we chose this profession. Let your lamp shine bright during this time and may you find strength in knowing the difference you make every day!

We know these are stressful times for so many and it is important to take a moment for yourself and to assess how you are doing. Learn more about Managing Stress & Self-Care During COVID-19: Information for Nurses by Clicking Here

Once again, thank you for all you do and the impact you make each day. Our wish for you during Nurses Month, and beyond, is to stay safe and be well!

All the best,

The New Jersey League for Nursing Board of Directors



Above are pictures of just some of our Nurse Rock Stars! Let's honor many more of our New Jersey Nurse heroes during the month of May! We would love to spotlight nurses from all aspects of healthcare and education on social media.

Please share a photo of your nurse colleagues, or of yourself on our Facebook Page or Instagram #njlnursing. Just click the icon below. Or e-mail the photo to info@njln.org and we will post it for you!







Wait, there is more! In honor of Nurses Month, Earn 1 CE Free

Topic: Magnify Your Voice - Use Storytelling to Advance Nursing. Webinar led by Carolyn Jones, noted master storyteller and award-winning filmmaker, is known for her deep appreciation of the nursing profession. Carolyn has spent the last seven years 100% focused on telling the nursing story, working tirelessly to interview, photograph, and film nurses across America. Her feature documentaries include *The American Nurse and Defining Hope*, and her current project features the unique role nurses play in emergency departments.

To learn more and register, Click Here!

*Webinar offered by The ANA Enterprise and supported by <u>Capella University</u> through a grant to the ANA Foundation by CeraVe

Nurses have always been heroes.



